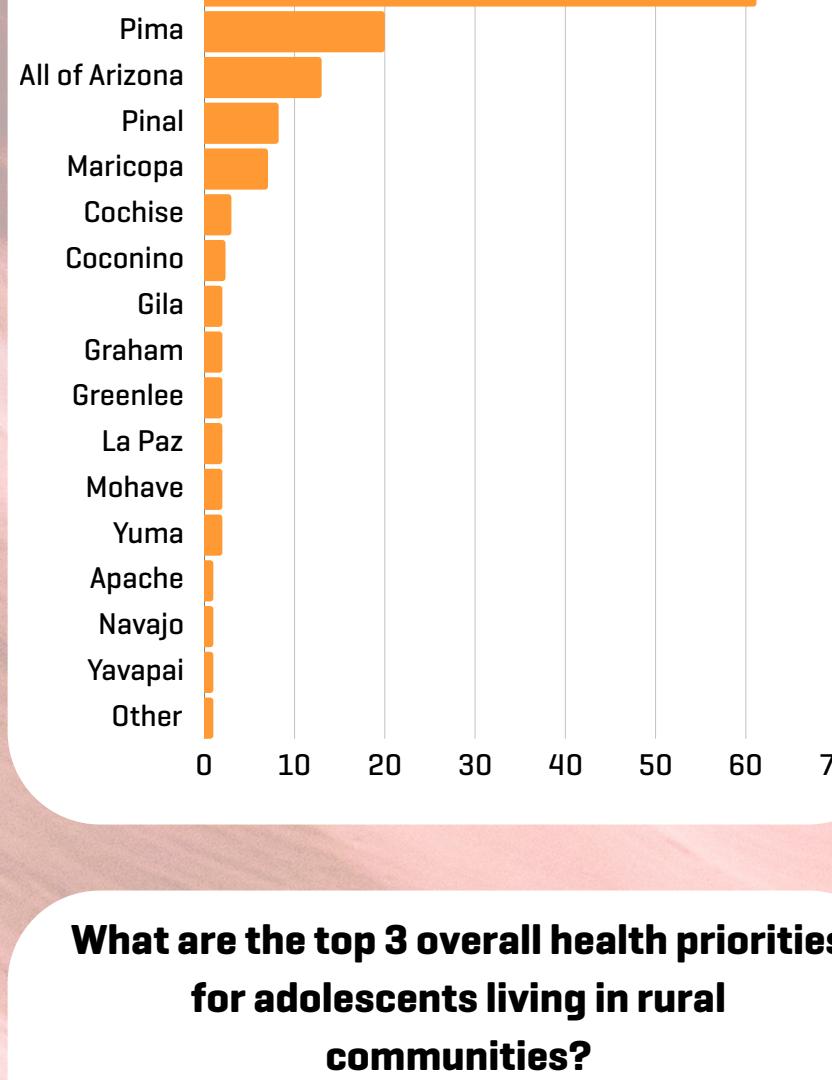


# Arizona Rural Women's Health Network

## Rural Health Needs Assessment Results

July - September 2025

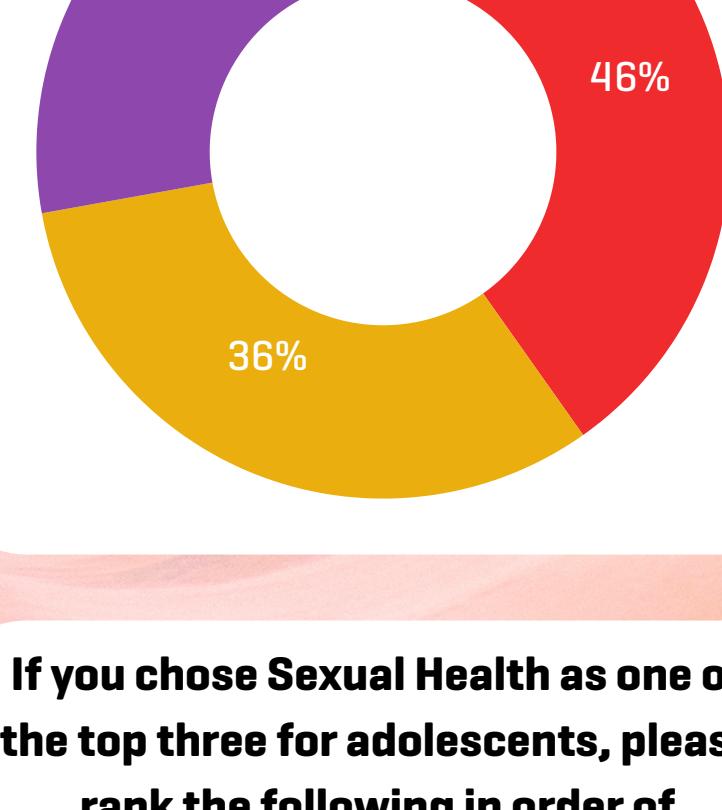
### What county or counties do you serve or collaborate with?



### What are the top 3 overall health priorities for women living in rural communities?

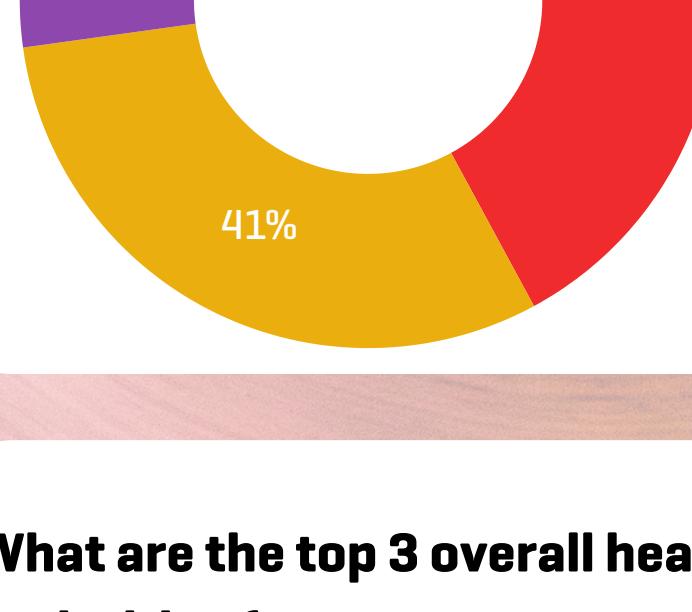
● Access to Healthcare   ● Affordability of Care

● Mental and Behavioral Health Services



### What are the top 3 overall health priorities for adolescents living in rural communities?

● Mental and behavioral health services  
● Comprehensive sexual health education  
● Job seeking skills



### If you chose Sexual Health as one of the top three for adolescents, please rank the following in order of importance.

● Priority Level

1. STI [Sexually Transmitted Infection]

2. HPV [human papillomavirus]

3. Pregnancy

4. Family Planning

### What are the top 3 overall health priorities for pregnant women living in rural communities?

Access to healthcare

49%

Childcare services

41%

Labor and delivery services

29%

### What are the top 3 needs for rural providers?

\*Funding

78%

\*Provider wellness/Burnout

54%

Mental health services

40%

### What are the top 3 needs for rural communities?

● Health care providers   ● Housing

● Mental health services



### How can the AZRWHN/AACHC help and/or support your community going forward?

● Percentage [%]



<https://aachc.org/azrwhn/>

# Summary of open ended questions

**\*If you chose Funding and/or Provider wellness/Burnout please provide more details about this priority.**

## Themes

- Funding & Resources: Many respondents emphasized the need for consistent funding, better allocation of resources, and financial support for rural programs.
- Provider Wellness & Burnout: Frequent mentions of staff stress, burnout prevention, and the importance of mental wellness for healthcare workers.
- Access to Care: Concerns about patients' ability to access services, especially in remote areas or where transportation and affordability are barriers.
- Training & Support: The need for more education and training for rural healthcare teams, tools to reduce burnout and cultural and language preparedness gaps among providers.
- Facilities & Infrastructure: Local hospitals and clinics need upgrades to equipment and there is insufficient support staff.

**\*Any other feedback or suggestions to improve rural women's health?**

## Themes

- Access & Infrastructure: Increase childcare options, easier access to appointments/extend office hours, expand oral health resources, and strengthen community centers and shelters for women.
- Education & Support: Boost health literacy, educate providers on women's health, and offer nutrition/family wellness education.
- Workforce & Retention: Hire more long-term providers, create incentives for rural providers, incorporate midwives/doulas into maternal care.