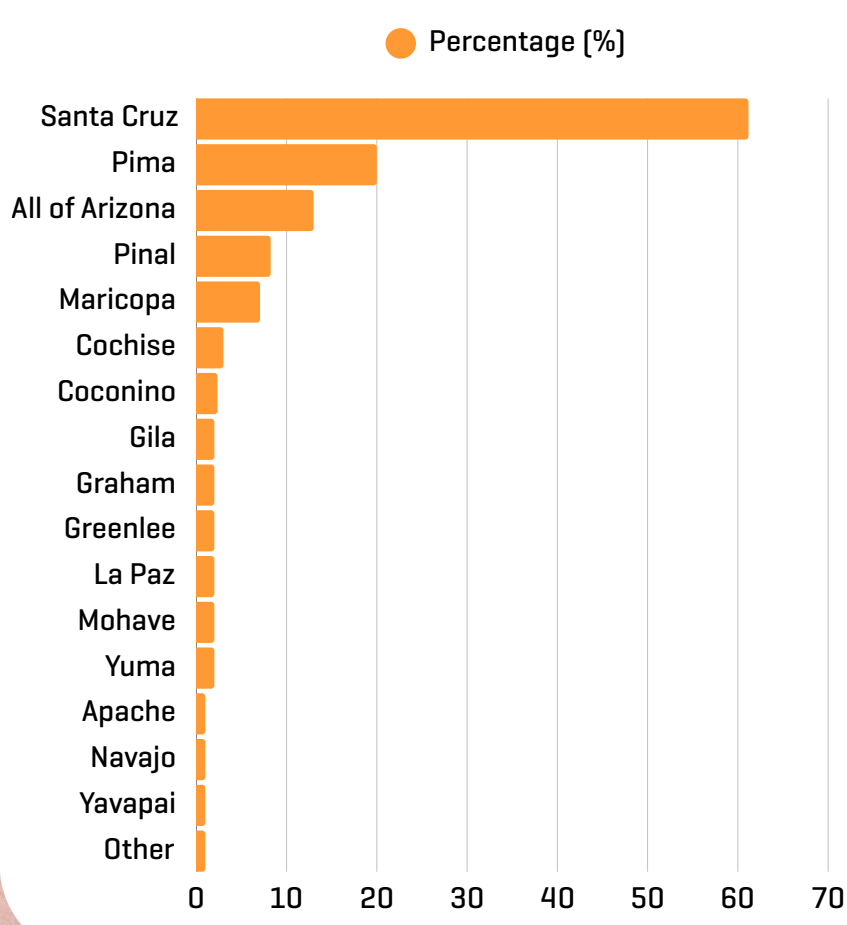


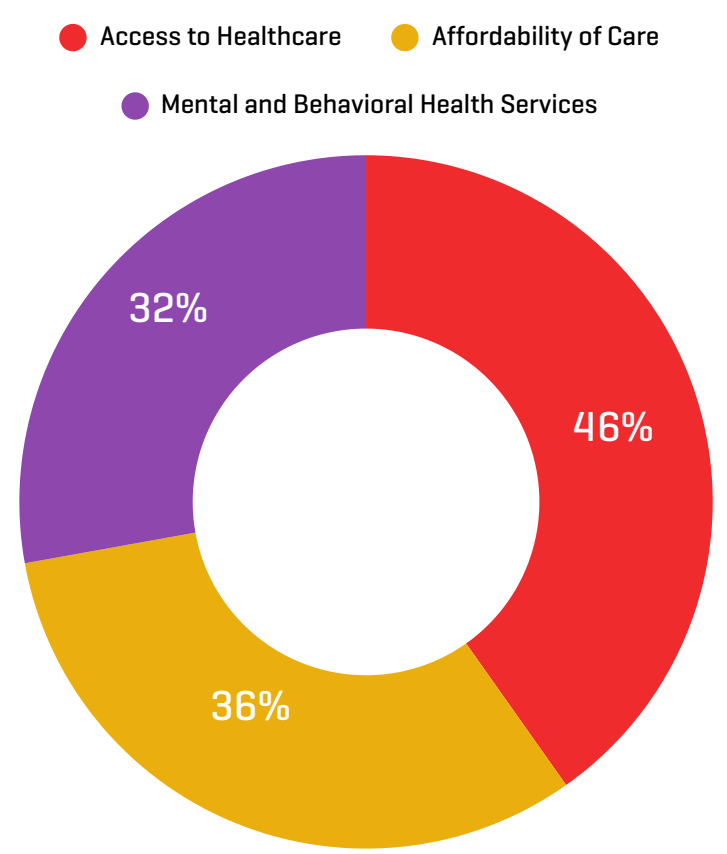
Arizona Rural Women's Health Network Rural Health Needs Assessment Results

July - September 2025

What county or counties do you serve or collaborate with?

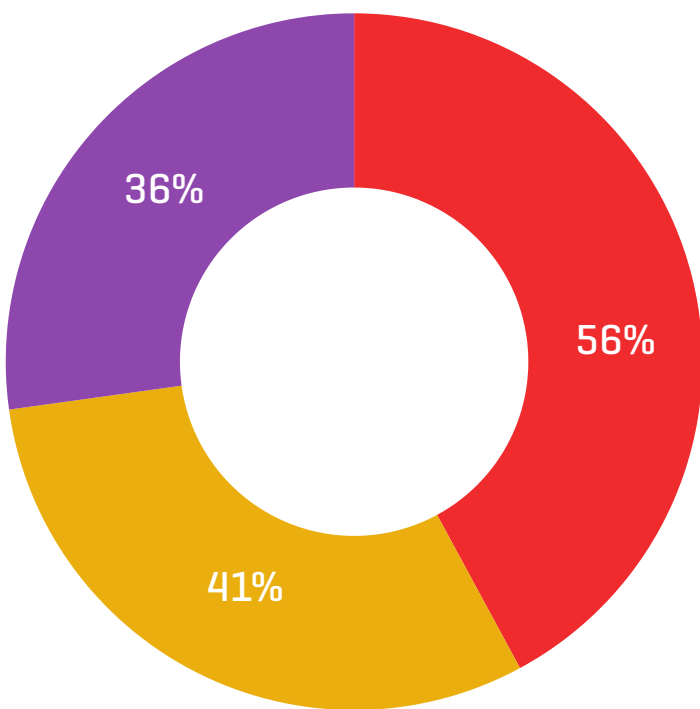


What are the top 3 overall health priorities for women living in rural communities?



What are the top 3 overall health priorities for adolescents living in rural communities?

- Mental and behavioral health services
- Comprehensive sexual health education
- Job seeking skills



If you chose Sexual Health as one of the top three for adolescents, please rank the following in order of importance.

- Priority Level

- STI [Sexually Transmitted Infection]
- HPV [human papillomavirus]
- Pregnancy
- Family Planning

What are the top 3 overall health priorities for pregnant women living in rural communities?

Access to healthcare



Childcare services



Labor and delivery services



What are the top 3 needs for rural providers?

*Funding



*Provider wellness/Burnout

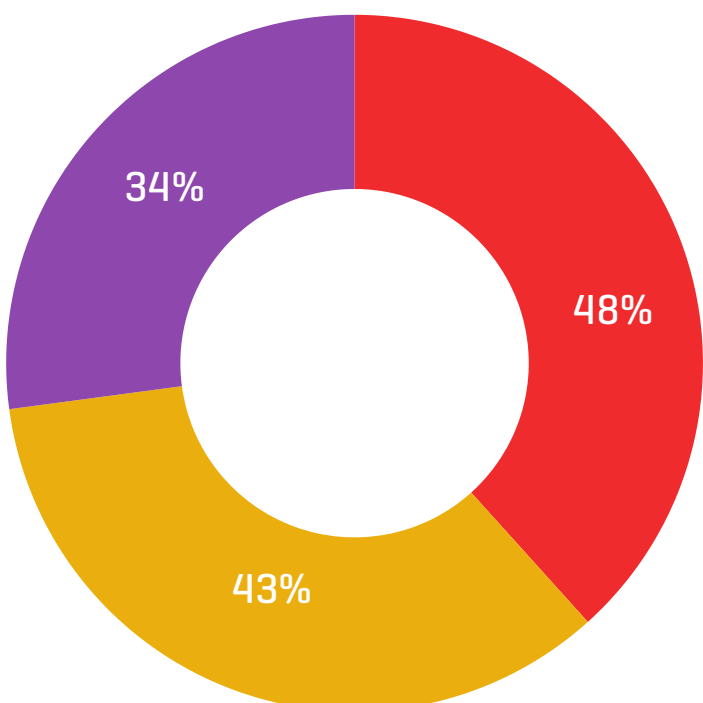


Mental health services



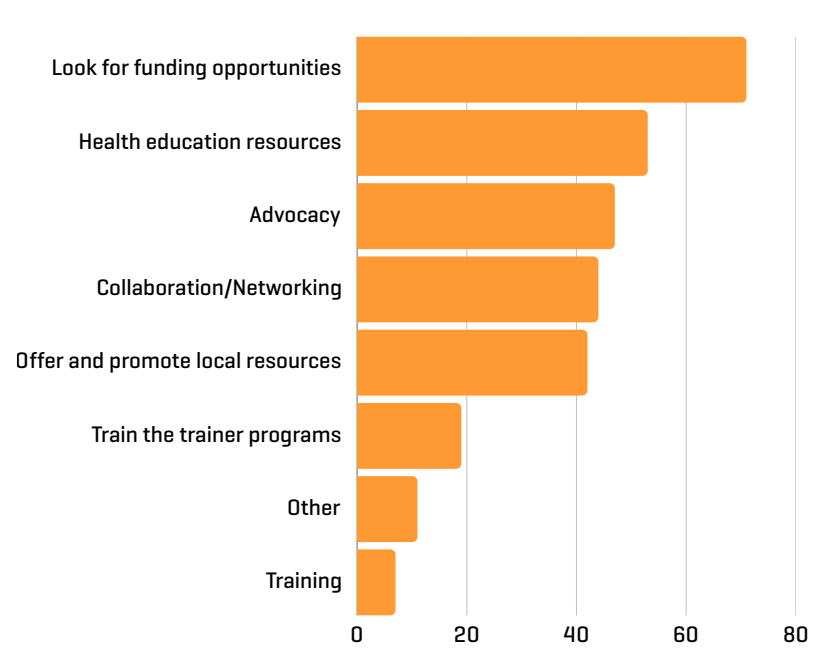
What are the top 3 needs for rural communities

- Health care providers
- Housing
- Mental health services



How can the AZRWHN/AACHC help and/or support your community going forward?

Percentage [%]



A PROGRAM OF



<https://aachc.org/azrwhn/>

Summary of open ended questions

***If you chose Funding and/or Provider wellness/Burnout please provide more details about this priority.**

Themes

- Funding & Resources: Many respondents emphasized the need for consistent funding, better allocation of resources, and financial support for rural programs.
- Provider Wellness & Burnout: Frequent mentions of staff stress, burnout prevention, and the importance of mental wellness for healthcare workers.
- Access to Care: Concerns about patients' ability to access services, especially in remote areas or where transportation and affordability are barriers.
- Training & Support: The need for more education and training for rural healthcare teams, tools to reduce burnout and cultural and language preparedness gaps among providers.
- Facilities & Infrastructure: Local hospitals and clinics need upgrades to equipment and there is insufficient support staff.

***Any other feedback or suggestions to improve rural women's health?**

Themes

- Access & Infrastructure: Increase childcare options, easier access to appointments/extend office hours, expand oral health resources, and strengthen community centers and shelters for women.
- Education & Support: Boost health literacy, educate providers on women's health, and offer nutrition/family wellness education.
- Workforce & Retention: Hire more long-term providers, create incentives for rural providers, incorporate midwives/doulas into maternal care.